



END-OF-LIFE CHECKLIST

End-of-life planning is a profound act of love and consideration. It ensures your wishes are respected and eases the burden on your loved ones. Our checklist guides you through the essential steps to take.

1

Living Will

Outline your healthcare preferences in a living will, ensuring your wishes are followed when you can't speak for yourself.



2

Health Care Proxy

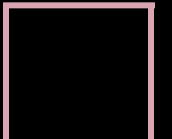
Appoint a trusted individual as your health care proxy to make medical decisions on your behalf if you're unable to.



3

Personal Legacy Projects

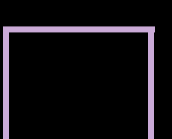
Create projects or write letters that reflect your values, stories, and messages for future generations, making your legacy tangible.



4

Financial Planning

Ensure your finances are in order, including savings, investments, and insurance, to provide for your loved ones and cover any expenses.



5

Memorial Instructions

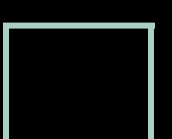
Specify your preferences for your memorial service, including location, music, readings, and any personal touches you desire.



6

Estate Organization

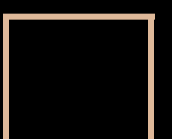
Organize and document your assets and belongings, making it easier for your family to manage your estate.



7

Digital Footprint

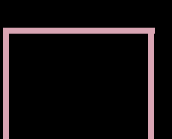
Decide the fate of your digital presence, including social media accounts, digital assets, and online subscriptions.



8

Ethical Will

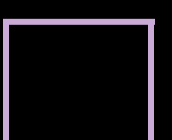
An ethical will allows you to share your values, blessings, life's lessons, and hopes for the future, not just assets.



9

Final Arrangements

Consider your options and make decisions regarding your body after death, including burial, cremation, or donation for research.



10

Communication Plan

Designate someone to communicate your wishes to family members and friends, ensuring clarity and reducing stress during difficult times.

